

St John Training Calendar – 2020 Course Dates

Emergency First Aid at Work

This **one-day** course is designed to meet risk assessment standards in the workplace by teaching students how to respond to first aid injuries and illnesses. It covers a vast range of topics and includes a session on AED awareness.

Cost: £140 per person

January	February	March	April	May	June
8, 9, 23, 28	4, 11, 20, 24	2, 5, 17, 19, 30	2, 14, 21, 28	1, 5, 12, 19, 22	4, 9, 23, 29
July	August	September	October	November	December
2, 7, 9, 16, 28	4, 13, 18, 25, 27	1, 8, 10, 15	1, 6, 15, 28	4, 10, 12, 16, 27	1, 3, 7, 11, 15

First Aid at Work

This **three-day** course comprehensively covers the practical skills needed by a first aider in the modern workplace. Along with emergency first aid and AED awareness, trainees will gain skills in recognition and treatment of a wide range of major illnesses including allergic reactions, heart attacks, asthma, diabetes and more.

Cost: £360 per person

January	February	March	April	May	June
14, 15, 16	25, 26, 27	24, 25, 26	7, 8, 9	26, 27, 28	24, 25, 26
July	August	September	October	November	December
21, 22, 23	-	22, 23, 24	20, 21, 22	17, 18, 19	8, 9, 10

First Aid at Work Requalification

This **two-day** course is ideal for people who need to renew their first aid at work certificate. You will be able to build upon your existing skills, gaining even more confidence, by revisiting the techniques learned on the three-day first aid at work course.

Cost: £250 per person

January	February	March	April	May	June
-	5, 6	12, 13	-	-	17, 18
July	August	September	October	November	December
-	-	-	7, 8	23, 24	-

Automated External Defibrillator (AED)

For each minute without defibrillation after the heart stops, the casualty's chance of survival drops approximately 10%. This **three-hour** course gives people the confidence to provide CPR and early defibrillation quickly and effectively in an emergency.

Cost: £75 per person

January	February	March	April	May	June
-	18	-	16	-	-
July	August	September	October	November	December
-	-	-	14	-	16

Paediatric First Aid

This **two-day** course focuses on emergency scenarios that face those looking after young children and infants including nurseries, pre-schools, before and after school clubs for children in the early years age group, childminders and carers of children at home. This course meets the Ofsted Early Years and Childcare Register requirements.

Cost: £250 per person

January	February	March	April	May	June
20, 21	-	9, 10	-	20, 21	-
July	August	September	October	November	December
13, 14	-	28, 29	-	12, 13	-

Essential First Aid (Child & Infant)

This **three-hour** course is ideal for those who want to learn simple steps to follow for child and infant first aid and CPR. On this course you'll be taught what to do when initially faced with an emergency and how to react when dealing with the common bumps and bruises sustained by children and infants.

Cost: £70 per person

January	February	March	April	May	June
18	-	21	-	23	--
July	August	September	October	November	December
-	-	12	-	21	-

Moving and Handling Principles

This **three-hour** course is essential support for all professionals working in awkward or tiring positions, lifting heavy weights, or carrying a heavy load as these are cited as some of the main activities that cause work-related musculoskeletal disorders such as back pain.

Cost: £80 per person

January	February	March	April	May	June
-	3	3	-	-	2
July	August	September	October	November	December
-	-	29	27	-	-

Fire Marshal

This **four-hour** course is suitable for designated fire marshals and those responsible for overseeing fire safety. You will learn about preventing fires as well as the different types of fire extinguishers and how to use them correctly.

Cost: £100 per person

January	February	March	April	May	June
30	28	31	30	21	30
July	August	September	October	November	December
30	-	30	29	26	17

Additional Courses

As well as our core courses, we also provide a range of other popular courses including:

- Schools First Aid
- Sports First Aid
- Anaphylaxis First Aid
- Healthcare Workplace Resuscitation
- Basic First Aid for the Workplace
- Moving and Handling People
- Evacuation Chair Training
- Fire Safety and Awareness Training
- Royal Yachting Association - First Aid Course.

Should you wish to book a bespoke course of 8 or more people, we are happy to run this in-house or at our training venue, Les Cotils.

Our courses are created with flexibility in mind; therefore, should you have a specific need, please do not hesitate to contact us as all bespoke courses can be designed to meet your specific requirements.

Why train with us?

St John Ambulance Guernsey is the UK's leading first aid organisation and has been teaching and delivering life-saving first aid and health & safety training for decades. Our experience and understanding mean our practical and interactive courses teach your employees essential skills and provide your team with the confidence to perform first aid and save lives.

St John Ambulance Guernsey – Training Services

Formed in 2005, St John Training Services Guernsey is part of St John Ambulance Guernsey. Our professional trainers are qualified to the highest standards to teach life-saving skills and are drawn from members of your community including the emergency services, health and teaching professions.

Free Associate Membership Insurance

We automatically provide all students who successfully pass one of our qualifying first aid courses with 'Good Samaritan' insurance cover for the duration of the validity of their training qualification. This insurance covers students against claims arising from first aid they may have delivered outside of their workplace, club or association.

Supporting St John in the Bailiwick of Guernsey

St John Ambulance Guernsey – Training Services is a 'Not for Profit' organisation. The income we receive from the training courses we provide goes straight back into supporting the varied voluntary and rescue activities of St John Guernsey. So, the benefits of choosing to train with us extend way beyond your own organisation.

If you would like to reserve a place on one of our courses, require advice on your training requirements or would like to book a bespoke course, please call us on [01481 247979](tel:01481247979) or email us at info@firstaidtraining.gg. For more information about our individual courses, please visit our website at www.stjohn.gg/training.